

## MOVING SALE



2259 County Road PP  
Wiley, CO  
June 14th  
9:00 am to 12 Noon

### PUBLIC NOTICE

Applications are currently being accepted by the City of Lamar for appointments to the following Boards:

#### LAMAR HOUSING AUTHORITY BOARD

(One 5-year term expiring June 1, 2017)  
(One 5-year term expiring June 1, 2019)

#### ADJUSTMENT & APPEALS BOARD

(One 5-year term expiring July 1, 2016)  
(One 5-year term expiring July 1, 2019)

#### UTILITIES BOARD

(One 5-year term expiring August 1, 2019)

#### VICTIMS & WITNESSES ASSISTANCE LAW ENFORCEMENT BOARD (VALE BOARD)

(Two 3-year terms expiring August 1, 2017)

Forms may be obtained from:  
City Administrator's Office  
102 East Parmenter  
Lamar CO 81052-3239  
Phone: 336-1365

Completed forms must be returned to the City Administrator's Office by 4:00 P.M., Wednesday, June 25, 2014 or until position filled.

### Classified Ads Sponsor

# "I'M TOO STRESSED TO QUIT."

QUIT MAKING EXCUSES.  
FREE SUPPORT AND FREE NICOTINE PATCHES TO HELP YOU QUIT TOBACCO.

1.800.QUIT.NOW

COLORADO  
QuitLine.  
*Be Tobacco Free.*

### Real Estate

#### Apartment for Rent

2 bedroom apartment in a four plex. New paint and carpet. Rent plus deposit and electricity. Sorry no pets. Storage unit. Laundry room with coin operated washer and dryer. \$425/month - \$425 deposit plus electricity. Gas and water is paid. Call 719-691-2680 for appointment. MOVE IN SPECIAL: \$100 off first months rent + deposit

#### For Rent

2 bedroom house, large fenced backyard, central heat & air, W/D hook-up - Call 719-688-7957

### Help Wanted

#### Administrative Assistant

Appointment coordination, generated reports, invoice documents, and billing adjustments, Event and meeting planning, setting appointments, send your resume and salary expectations to: dy.ner@aol.com

#### Several Positions Available

Prowers Medical Center currently has openings for: \*Phlebotomist \*Administrative Assistant \*Maintenance Worker I and \*Summer Ground Maintenance workers - Apply online at [www.prowersmedical.com](http://www.prowersmedical.com) or pick up an application at 401 Kendall Dr, Lamar, CO 81052

#### Mechanics

Ports to Plains is now hiring mechanics for our shop. Must have a valid drivers license, a clean driving record and be able to pass a drug test. Apply in person to Bruce Webster.

#### Mechanic, Senior

Under general supervision, performs a variety of skilled mechanical repair work to gas and diesel powered and automotive equipment; carries out a preventive maintenance program. Must possess or be able to obtain a valid Colora-

do CDL license. ASE certification or equivalent preferred. Applications must be received in the Human Resources Office, City Complex, 102 East Parmenter, Lamar, CO 81052-3299, by 4:00 p.m., Friday, June 20, 2014. Contingent upon job offer, the successful applicant selected for the position will be required to take a pre-employment physical, drug test and provide a current motor vehicle record. EOE

### Lamar Community College to Adopt a New Logo

Lamar Community College is proud to announce the adoption of a new academic logo this summer. The new logo is replacing the aspen leaf logo and the 75th Anniversary logo. LCC's Athletic logo, the Runnin' Lopec, will remain the same.

A design firm from Colorado Springs worked with LCC's Executive Planning Team and Marketing Department to develop the new logo. After much deliberation, focus groups, and careful thought a logo was chosen to represent the College.

LCC's new logo will be presented to the community on July 10th, at 10:00am in the Bowman Building breezeway. A reception with refreshments will follow at 10:15am in LCC's Learning Support Services Library. All community members are invited to join the campus for the unveiling.

For more information please contact Jenna Randle at 719.336.1518.

### Drug/Alcohol Addition Support Group

Confidential and free group support for those suffering from drug or alcohol addiction is available Wednesdays from 6pm to 8pm at the Rodeway Cow Palace Inn. If you or a loved one has a drug or alcohol problem and you need advice, information or support, attend a Wednesday meeting and discover the options that are open to you. Meetings are facilitated by Cindy Vigil.

### Veterans Benefit from Online Info

Use [www.myhealth.va.gov](http://www.myhealth.va.gov) and go online at this new Veteran Health Portal and discover what benefits the VA can offer you and your family. My HealthVet is a Gateway to Optimal Health for Vets. Call your local VA representative in Prowers County, Jeremy Miller, at 719-336-2606.

## Otto's Cars and Trucks

802 East Olive  
Lamar, CO 81052

Phone (719) 336-2000  
Fax (719) 336-2044

[www.ottoscarsandtrucks.com](http://www.ottoscarsandtrucks.com)

### SUNBURST APARTMENTS

704 S Mullen, Lamar, CO 81052

2 Bedroom Units Available  
We accept Section 8 Vouchers  
Call LINDA at 719-336-7580

"This institution is an equal opportunity provider, and employer."



### OPEN HOUSE



2259 County Road PP

### FOR SALE BY OWNER

4 bedroom / 3 baths  
Asking \$199,000

June 14th - 2 pm to 5 pm

## Invitation for Bids

Prowers County Building Maintenance is accepting bids from contractors for the roof repair and replacement of several of our buildings located at the Fair Grounds, at 2206 Saddle Club Dr. Lamar, Co.

**Bid packets can be obtained at:**  
Prowers County Administration Office  
Prowers County Court House  
301 South Main Street  
Suite 215  
Lamar, Co. 81052

**ATTN: Building Maintenance**

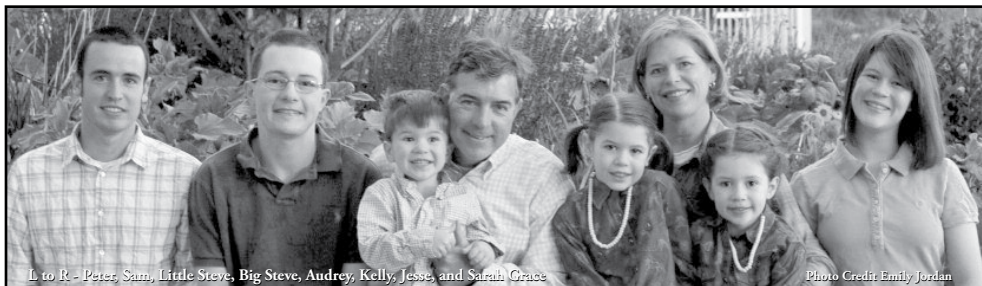
All persons submitting bids must have Workman's Compensation Insurance as well as Liability Insurance coverage and proof of such coverage must be included with bids. All bids received without proof of Insurances will be rejected.

All bids submitted must be clearly marked Roofing Bid/ Building Maintenance, and delivered to the Prowers County Court House, 301 S. Main St. Suite 215 Lamar, CO 81052, by June 20, 2014, by 4:30 PM. A pre Bid Walk thru will be scheduled for June 16, 2014 at 1:00pm.

## Birth Announcements

Norma Chavez and Elvis DeLeon of Lamar are the proud new parents of a baby boy. **Armanii Royce DeLeon** was born at 9:58pm on June 5, 2014. He weighed 7 lb 8 oz and measured 20.25 inches in length. His grandparents are Rene & Martha Chavez, Berta DeLeon, and Ricardo Zubia. Congratulations to Norma and Elvis on the birth of your first child!

Morgan Becker and Robert Alba of Lamar, Colorado are the proud parents of **Lynnin Rance Alba**. Lynnin was born June 7, 2014 at 6:25 p.m. at Parkview Hospital in Pueblo, Colorado. She weighed 5 lb 6 oz and measured 18 inches long. Grandparents are Allen and Robyn Anderson, Kevin and Norma Swanson and David Becker. Her aunt and uncles are Jo Lynn, Chris, Richardo and Logan.



L to R - Peter, Sam, Little Steve, Big Steve, Audrey, Kelly, Jesse, and Sarah Grace

Photo Credit: Emily Jordan

# Vote for Republican Steve Laffey for US Congress Congressional District 4

- Life long conservative leader
- Financial expert
- Producer of "Fixing America" film
- Author
- Husband and father of six children
- Christian, homeschool family
- Pro-US Constitution
- Anti-Common Core

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STEVE LAFFEY FOR CONGRESS • 1001 A EAST HARMONY RD. PMB 507 • FORT COLLINS, CO 80525

PAID FOR AND AUTHORIZED BY STEVE LAFFEY FOR CONGRESS

LCSS 5-15-14

## Volunteers Needed for Lamar Animal Shelter

The City of Lamar is in need of loving and caring individuals to volunteer at the Lamar Animal Shelter. Volunteers would exercise, play, and care for the lost and misplaced 4-legged family members while they are waiting to be reunited with their families. Volunteers are not only needed to be friends with the lost companion members but also to feed, water, clean and even answer the phone. If you have a passion for animals, are at least 16 years old, and want to help your community, please contact the Lamar Police Department for more information at 336-4341.

## Senior Citizens, Be Informed & Be Aware

AARP ElderWatch provides you with guidelines to help guard against various business scams or investment fraud. Call toll free Monday through Friday between 9am and 4pm. 1-800-222-4444.

## Free Mental Health First Aid Classes Offered

Have you ever wondered what to do when someone you know is having an emotional crisis? One out of four people you meet has struggled with a mental health problem at some point. But there is hope. And it is you.

For over a century, Red Cross First Aid and CPR classes have been successful in teaching the public how to respond to physical injuries. Now, Mental Health First Aid classes are available to teach people how to respond to psychological distress, like depression, anxiety, substance abuse or eating disorders. Mental Health First Aid skills can be applied anytime, anywhere, and to anyone in distress.

Southeast Health Group is now offering free Mental Health First Aid classes throughout southeastern Colorado to schools, law enforcement agencies, church communities and the general public. Mental Health First Aid (MHFA) is an 8-hour course that teaches you how to help someone who is developing a mental health problem or experiencing a mental health crisis. The training helps you identify, understand, and respond to signs of mental illnesses and substance use disorders in your friends, family members, co-workers and acquaintances.

Funding for this initiative has come from the Colorado Legislature, which agreed in March 2014 to designate \$750,000 toward statewide MHFA training. Across the country, about 350 people every day are getting trained. "This is an unstoppable movement," said Sarah Voigts, coordinator for MHFA classes at Southeast Health Group. "The public is weary of hearing about suicides and tragedies where someone needed help and no one noticed. Just like Red Cross First Aid or CPR training, the general public can get the skills they need to help someone experiencing emotional distress."

Southeast Health Group will be offering MHFA classes locally over the next month at the following dates and times:

Adult MHFA La Junta Sat., June 14th 7:45am to 5pm  
Youth MHFA La Junta Sat., June 28th 8am to 5:15pm  
Adult MHFA Lamar Mon., June 23rd 7:45am to 5pm  
Youth MHFA Lamar Fri., June 27th 7:45am to 5pm

To sign up for a free Mental Health First Aid class, call 1-800-511-5446 or visit [www.southeasthealthgroup.org](http://www.southeasthealthgroup.org).

## Letter to the Editor - Special Thanks

I would like to thank Colorado Mills for their generous support in many of our community endeavors; the latest of which is their sponsorship of the SDS softball team. The SDS (Southeastern Developmental Service) team and cheering squad proudly wear their jerseys with the CM Bombers logo at their co-ed softball games.

Thanks again Colorado Mills!

*Doug and Linda Harbour • Lamar CO*

## Letter to the Editor Policy

The identity of the letter writer must be verified before publication. Phone numbers will not be published, but are used to verify identity of the letter writer. Letters may be edited for grammar, length and civility. No third party letters will be published. The publication of a Letter to the Editor does not constitute an endorsement of the writer's comments by The Prowers Journal or Robinson Printing, Inc. Due to space consideration, Letters to the Editor may be published online, but not necessarily in our Wednesday newsletter. Letters may be sent to The Prowers Journal, 208 South Main Street, Lamar, CO. 81052