

Juniper Village

May 23rd, 2-4pm - Red Hat Green Tea Social. Red Hat Alert! If you enjoy the companionship of a Red Hat Group, join Juniper Village and fellow Red Hatters as we enjoy a wonderful afternoon of conversation and indulge in some green tea, hot or cold. We will also be having some small treats so come on down and treat yourself to a tea break. Don't forget the red hat!

Wake Up Workout

Need an early morning workout to get you going? Then this is the perfect class for you! This is **Yoga** and **Toning** class taught by Mary Minor. Designed to relieve stress, to keep you motivated and help you stretch yourself into a New You!

Classes meet every **Tuesday** and **Thursday** at **6:00 AM** and on **Thursday Evenings** at **7:00 PM** at the Community Building. The cost of these classes is the Daily Visit Fee or you can use your punch card or annual pass.

Toys for Tots

Toys for Tots Food for Families will be accepting toys and donations all year round. We are looking for new or used toys but must be in good working condition. We do not want your Junk! And remember, shampoos and conditioners from motels are a good stocking stuffer.

To drop off toys or donations you can take them to Paul's Body Shop, 7345 US Highway 50 or 1208 South 5th Street. For more information, contact Darlene Lopez at 719-688-0167.

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DISCOVER MASTERCARD VISA

Volume 2 - Number 5

May 16, 2012

Yard Sales

Fund Raising Benefit Craft & Bake Sale

1604 South 11th Street, Lamar - Saturday, May 19, 8-11am

Huge Yard Sale

4th and Cedar (911 So. 4th), Lamar - Friday, May 18th from 1:00 pm to 6:00 pm and Saturday, May 19th from 8:00 am to ??? - DOWNSIZING - Household goods, furniture, tools, jewelry, antique quilts, cookware, Avon, crocks, material, table saw, skill saw, miter saw, copper kettles, bench grinder, large fold up ladder, ramps, receiver cargo rack hitch, crochet and knitting items and A LOT MORE.

After the Move Sale

702 1/2 So. 7th St., Lamar - Saturday, May 19th from 8:00 am to ??? - Things that won't fit in my house - Dealers welcome - All good stuff

Indoor Sale

1807 So. 11th St., Lamar - Saturday, May 19th from 8:00 am to 12:00 pm - We have a little bit of everything! Sheets (twin, full, queen & king); throw pillows; household items; toys; new & gently used clothing; and much, much more. All proceeds will be used to buy food for the Mary and Martha Food Pantry. Life Center Church, Mary and Martha Ministries across from the high school; enter through south door.

Venta Adentro

1807 Sur 11th, Lamar - Sábado, Mayo 19th from 8:00 am to 12:00 pm - Tenemos poco de todo! Sabanas (chicas, medianas, grandes, X grandes) y almudadas. Artículos de casa & juguetes, ropa nueva y usada bien cuidada, y mucho mucho mas. Todas las ganancias se usaran para comprar comida para (Mary y Martha) dispensa, iglesia centro de vida, Mary y Martha Minsterios, enfrente de la high school, entrar por la puerta del sur.

Garage Sale

604 East Cedar - Lamar - Saturday, May 19 - 8:00am to 12 Noon - Swing Set, women's clothing, children's books, Lots of other treasures.

Thank You from Ronny Farmer

I want to thank all of you very much for your vote of confidence in the recent PMC election. We all know there is work to be done and goals to accomplish. Working together we can create a health care community that will provide the highest level of care at all levels for those in need. I also want you to know that you can contact me anytime through various means. My phone numbers are 336-7428 (w); 336-3791(h); 719.691.1258 (cell) and my email address is rfarmer@farmercpas.com. I may not be able to answer your call due to business constraints. I will however make every effort to return your call or email within 24 hours. Thanks again. I look forward to the challenges. Ronny R Farmer.

For Rent

Office Space

Office space for rent in Eads, CO - 1000-4000 sq ft. Call Brandon at 719-342-5855.

Apartment for Rent

Very nice 2 bedroom apartment, spacious, includes garage - \$450 / mo. Plus deposit - 336-3993.

SOS Center Hours

The Lamar Community Resource and Senior Center hours of operation are: Monday - Friday from 8am to 5pm; Tuesday and Thursday evenings from 6pm to 9pm and the Saturday night dance is from 7pm to 10pm. Call 719-336-4072 for information.

July 3rd Benefit

Country Acres, south of Lamar, will host a night of music, 6pm, Tuesday, July 3, to raise funds for **The Remem-ber Foundation**. Dance to the John Cary Band & Brethren Flow, joined by Jay Gruber. Enjoy a summer BBQ while bidding on various silent auction items. Proceeds will benefit area Alzheimer's patients. **You must be at least 21 to attend.** Call Holly Burton at 719-688-4196 or Shawna Smith at 719-691-8021 for details.

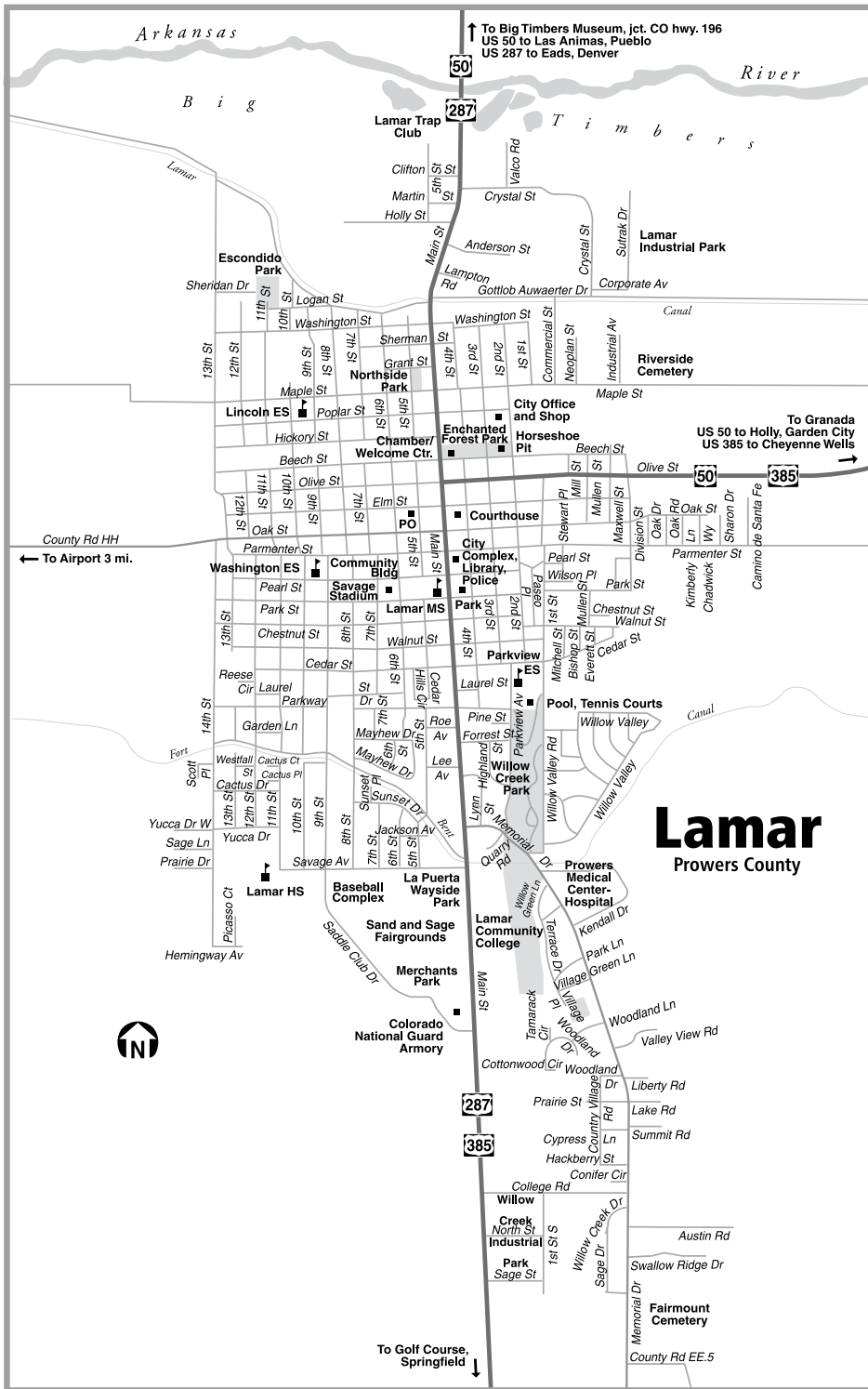
Prowers Area Transit

PATS, Prowers Area Transit offers public transportation Monday thru Friday from 7:30am to 5pm. Please make reservations 24 hours in advance. Call for your ride at 719-336-8034. Senior Discount Tickets are available in the front office at 407 East Olive, Lamar.

It's Always Cool in the Pool!

Cool off this summer at the Lamar Municipal Pool. The Prowers Journal and Lamar Recreation Department has a deal for you. **Sign up for the email News Alerts from The Prowers Journal**, and if your entry is selected, you win a pass for 40 trips to the Lamar Municipal Pool this summer. That's a **\$100 value**.

Just register your email address at theprowersjournal@gmail.com. That's all it takes. Your email is kept private and you receive all the latest breaking news stories for Prowers County from The Prowers Journal. The deadline for your sign up is 5pm, Monday, June 4, 2012. When we draw your name, you'll be contacted to pick up your certificate, grab your bathing suit and get ready for a summer of fun at the Lamar Municipal Pool!



\$5.00/Week

To Place Your Yard Sale Ad,
Use This Convenient Form
(Please Print)

TAKE ONE

Name: _____
 Phone: _____
 Address: _____

YOUR AD INFORMATION:

Title: _____
 Date/Time: _____
 Description of items: _____

Payment Method: Check# _____ Other: _____
 Card # _____ Expiration Date _____
 Signature: _____

Ads may be mailed or delivered to 210 South Main, Lamar CO
 Ads must be at The Prowers Journal & paid for by Tuesday at noon for placement in that weeks edition.
The Prowers Journal reserves the right to edit or refuse any ad.

Advertise Your Yard Sale Today!

Hundreds of people will be reading this insert and when you advertise your weekend yard sale, garage or moving sale. Just \$5 is a great investment to make your yard sale a success. Deadline for entries is 5 pm Tuesday evening. Call Robinson Printing at 336-9095 or stop in at 210 South Main Street, Lamar.

Equine Herpesvirus Confirmed in Colorado Horse

LAKEWOOD, Colo. – The Colorado Department of Agriculture is investigating a confirmed case of Equine Herpesvirus (EHV-1) within the state; a quarantine has been placed on a Douglas County premises. The horse was transported from Iowa by a private owner and was euthanized after showing severe neurological signs associated with the disease.

“The Department is taking quick and appropriate actions to control and mitigate this disease,” said State Veterinarian, Dr. Keith Roehr. “We will continue to trace the movement of this horse and those horses it came into contact with in order to protect Colorado’s equine industry.” There are three other facilities in Colorado that received horses from the same transport company. Those horses are isolated and are being closely monitored for any clinical signs of EHV. Unlike the EHV-1 outbreak in 2011, this case is not associated with any equine show or event. To date, no other horses have become ill with similar signs. With the exception of the index and direct contact horses’ premises the state veterinarian is not recommending movement or event restrictions.

UPDATE: (5/14/12– 2:30PM)

EHV-1 is not transmissible to people; it can be a serious disease of horses that can cause respiratory, neurologic disease and death. The most common way for EHV-1 to spread is by direct horse-to-horse contact. The virus can also spread through the air, contaminated equipment, clothing and hands.

Symptoms include fever, decreased coordination, nasal discharge, urine dribbling, loss of tail tone, hind limb weakness, leaning against a wall or fence to maintain balance, lethargy, and the inability to rise. While there is no cure, the symptoms of the disease may be treatable.

Zonta Club Sponsorship

The Zonta Club of Prowers County will be sponsoring a young woman to the American Legion Girls State to be held this year in Gunnison at Western State College on June 10-15, 2012. This is a once in a lifetime opportunity for juniors in high school to learn about government and to gain leadership skills. All interested students in their junior year at a Prowers county high school are urged to apply for the trip. Contact your school counselor, or Zonta member Kathy Wooten at 336-7634, for more information.