

## Big Timbers Museum New Hours of Operation

**Winter Hours:** - Sept. 1 to May 31  
Tuesday - Saturday 1:00 p.m. to 4:00 p.m.

**Summer Hours:** - Jun 1 to Aug 31  
Tuesday - Saturday - 10:00 a.m. to 5:00 p.m.

**Closed Sundays, Mondays,  
and County Holidays**

## ¿Padece de DIABETES?

Las promotoras de salud de High Plains Community Health Center les invitan a aprender como mejorar el manejo de su enfermedad junto a otros miembros de su comunidad, en solamente seis semanas.

### Curso Practico: **Tomando Control De Su Diabetes**

Clases seran en el Lamar Community Building todos los Martes por 6 semanas Comenzando el 24 de Enero, 2012

De 9:00am a 11:00am

• **Alimentacion saludable**

• **Ejercicio**

• **Medicamentos**

• **Tecnicas de relajacion**

• **Manejando emociones negativas**

• **Manejando sintomas**


• **Mejorando la comunicacion**

• **Propositos semanales**

Para inscribirse o mas informacion llame al 336-0261 Y pregunte por Liliana, Reyna, o Miriam.

## Senior Center Hours

The Lamar Community Resource and Senior Center hours of operation are: Monday - Friday from 8am to 5pm; Tuesday and Thursday evenings from 6pm to 9pm and the Saturday night dance is from 7pm to 10pm. Call 719-336-4072 for information.




www.heavensbest.com

**Dry in 1 Hour**

Commercial Residential Auto

Carpet Upholstery Tile & Grout Cleaning



## The Prowers Journal HOME ROOM

Featuring Weekly School Activities

**JOEL WOELK**  
719.940.0249

**WINTER SPECIALS**  
JANUARY - MARCH

## Volume 1 - Number 20

January 25, 2011

### Weekend Local Scores

#### Boys Basketball:

Delores Huerta 75	Lamar 47
James Irwin 53	Lamar 47
Manzanola 41	Wiley 32
Karval 35	Wiley 29
La Junta 65	Ellicott 35
La Junta 63	Trinidad 58
Hoehne 57	Las Animas 51
Las Animas 72	John Mall 62
Holly 59	Kit Carson 48
Walsh 51	Holly 38
Granada 49	Eads 38
Springfield 68	McClave 54
McClave 58	Eads 40
Springfield 81	Karval 27
Walsh 66	South Baca 26

#### Girls Basketball:

Lamar 63	Delores Huerta 19
Lamar 45	James Irwin 37
Ellicott 49	La Junta 41
Trinidad 61	La Junta 32
Las Animas 57	Hoehne 41
Las Animas 65	John Mall 18
Kit Carson 45	Holly 36
Holly 43	Wiley 38
Eads 58	Granada 28
Springfield 51	McClave 48
Eads 43	McClave 24
Springfield 60	Karval 52
Walsh 46	South Baca 38

### Sports Schedule

#### Basketball:

Jan 26	Holly @ Cheyenne Wells
	Eads @ Wiley
Jan 27	St Mary's Girls @ Lamar
	Holly @ Springfield
	Fowler @ Las Animas
	McClave @ Karval

#### Schedule Cont...

Jan 28	Walsh @ Granada
	South Baca @ Wiley
Jan 28	Alamosa Boys/Girls @ Lamar
	Las Animas @ Rocky Ford
Jan 31	Holly Boys @ Cheraw

#### Wrestling:

Jan 24	La Junta @ Lamar
Jan 27	Holly @ Tri meet in Cheyenne Wells
	Las Animas @ Pueblo West Dual
Jan 28	Lamar @ Florence Tourney
	Holly/Las Animas @ Eads Tourney
Jan 31	Liberal @ Lamar

### Area School Activities

#### Holly:

Jan 25	1st State FFA Degree Review at Karval, 2pm FCW, 6pm
Jan 27	Knowledge Bowl at Springfield
Jan 31	January Care Cat Assembly, Old Gym, 8am

#### Lamar:

Jan 25	District Speaking Competition, 6pm @ Walsh
Jan 28	Snow Coming Dance, 9-12

#### McClave:

Jan 25	FFA State Review
Jan 27	Knowledge Bowl at Springfield, 8:30am

#### Granada:

Jan 25	District Public Speaking at Walsh, 6pm
Jan 30	NO SCHOOL

#### Wiley:

Jan 25	District Public Speaking at Pritchett
Jan 27	Basketball Skills, K-4 grades, 9-10am & Grades 5-6 from 10am to 11am

### Wanted!

Volunteer Drivers for the Meals on Wheels Program for Sage Services in Prowers County. For more information, call 336-7115.

## Upcoming Events High Plains Community Health Center

**Free Be Well Colorado Workshop** starts Monday, January 23rd @ 9:30-12:00 pm, High Plains Adult Health Center - A free six week workshop to help individuals, caregivers, or family members learn effective ways to help manage the difficulties of ongoing health conditions.

**Tomando Control de su Diabetes**, Martes, Enero 24th @ 9:00 -11:30 am, en el community building - Un taller de seis semanas para personas con Diabetes, aprenda estrategias para manejar su enfermedad

**Fit Family Challenge**, Monday, January 9th & January 23rd @ 6:00-7:00 pm, High Plains Adult Health Center - A free family program designed to help families work together to be active, eat better & set goals for healthier living.

**Cooking Matters**, Wednesday, January 11th - February 15th 6:00-8:00 pm, 4H Building at the Fair Grounds - A FREE cooking class for new and expecting mothers. Cook up a lifetime of health for you and your family.

**Free Hearty Eating Class**, Tuesday, February 7th @ 6:00-7:00 pm, High Plains Adult Health Center - Nutrition class focused on heart healthy eating. Free Cholesterol & Blood Glucose Screening beginning at 5:30 pm. Healthy recipes & snacks provided. (Spanish & English class)

**Get Lean Lamar**, every Tuesday Night @ 6:00-6:30 pm, High Plains Adult Health Center - FREE weekly support group focused on behavior change and weight loss.

**Saturday Stroll**, Every Saturday Morning @ 9:00 am, LCC Wellness Center - Get moving with a Health Coach at the LCC Wellness Center.

## Law Enforcement

**12P-0093 Agency Assistance 10:36:28 01/10/12 R Rodriguez OHS**  
Deputy Rodriguez & Det J. Parker responded 1900 block of S. 14th St. to assist the Lamar Police

**Case#: 12L-00596 Officer: G. Ibarra Date: Tue Jan 17 2012 MEDIA RELEASE:**  
Officers conducted a traffic stop in the 600 blk of Savage Ave. Officers arrested Randy Vanderpool, 19, for Obstruction and other charges. Randy is being held at PCJ on a \$750.00 any type bond.

**Case#: 12L-00619 Officer: Pierce Date: Tue Jan 17 2012 MEDIA RELEASE:**  
Officers were dispatched to Paseo Place on a report of a theft of a trailer. Officers took the report and listed the trailer as stolen.

**Case#: 12L-00633 Officer: Pierce Date: Tue Jan 17 2012 MEDIA RELEASE:**  
Officers arrested Vincent Saldana, 57, of Lamar on a Prowers County warrant. Vincent is being held at Prowers County Jail on \$25,000.00 cash only bond.

**12P-0194 civil complaint 10:36:34 01/18/12 R Rodriguez ACT**  
Deputy Rodriguez took a report of a workplace harassment that occurred in the county. The incident was documented and the reporting party was advised on what steps to take.

**12P-0197 Domestic Violence 14:55:24 01/18/12 Ron Trowbridge ACT**  
Prowers Deputies responded to a report of a domestic disturbance involving people in two cars on Hwy 287/50 North of Lamar. Both cars were stopped and the occupants contacted. No domestic violence occurred but the people involved were separated.

**Case#: 12L-00661 Officer: J. Curtis Date: Wed Jan 18, 2012 MEDIA RELEASE:**  
Officer responded to the 100 block of W. Hickory St. on a report of property damage accident. Officer investigated and documented the incident. Officer observed no criminal activity. Estimated damage is \$3,000.00.

**12P-0220 Wanted Person 08:56:02 01/20/12 M Palacios CAA**  
Deputy Palacios contacted Joyce Burton in the 200 Blk of Welton St in Wiley, CO. Burton was arrested on a Prowers County. Warrant for Failure to Comply. Burton was transported to Prowers County Jail and is being held on a \$5,000.00 bond.

**12P-0221 Wanted Person 08:56:37 01/20/12 M Palacios CAA**  
Deputy Palacios contacted Steven Burton in the 200 Blk of Welton St in Wiley, CO. Burton was arrested on a Prowers County warrant for Failure to Comply. Burton was transported to Prowers County Jail and is being held on a \$5,000.00 bond.

**12P-0224 Wanted Person 15:06:43 01/20/12 M Palacios CAA**  
Deputy Palacios contacted Lawrence Jenkins in the 200 Blk of 3rd St in Wiley, CO. Jenkins was arrested on a warrant out of Pueblo County for Driving Under the Influence of Alcohol. Jenkins was transported to Prowers County Jail and is being held without bond.

**12P-0244 ROV 00:27:19 01/22/12 T Weisenhorn CAA**  
Detective T Weisenhorn arrested Anthony Scott Martinez in the 1300 Blk of N Main St, Lamar. Martinez was arrested on violation of a protection order and domestic violence. Martinez is being held at the Prowers County Jail on no bond.

**12P-0245 ROV 00:41:49 01/22/12 T Weisenhorn CAA**  
Detective T Weisenhorn arrested Christopher Martinez in the 1300 Blk of N Main St, Lamar. Martinez was arrested for violation of a protection order. Martinez is being held at the Prowers County Jail on \$750.00 bond.

**Case#: 12L-00730 Officer: Pierce Date: Fri Jan 20 2012 MEDIA RELEASE:**  
Officers were dispatched to the 700 block of South 7th Street on a report of a vehicle being broken into. Officers found a purse was taken from the vehicle sometime over the night. Estimated value of the purse is \$125.00.

**Case#: 12L-00744 Sgt. Losa Date: Fri Jan 20 23:49:36 MST 2012 MEDIA RELEASE:**  
An officer responded to the 1100 block Parkview Ave. on a report of a fire. Officer observed the fire was set on accident due to a cigarette.

**Case#: 12L-00775 Officer: C. Filbeck Date: Sun Jan 22, 2012 MEDIA RELEASE:**  
Officers responded to the area of Cedar Hills for a 911 call of a child stuck in a closet. Officers assisted the child.

**Case#: 12L-00808 Officer: Pierce Date: Sun Jan 22 2012 MEDIA RELEASE:**  
Officers responded to Main and Rail Road on a report of the crossing are being broken. The rail road was notified of the issue and the crossing arm removed from the tracks.

**12P-0249 Agency Assistance 10:26:29 01/23/12 R Rodriguez OHS**  
Deputy Rodriguez and Det. J. Parker responded to the Granada Wildlife Refuge to assist the Department of Wildlife look for a trespasser. The suspect was identified and the investigation is being handled by DOW.

**12P-0253 Agency Assistance 23:11:44 01/23/12 JE Weisenhorn OHS**  
Deputy J Weisenhorn responded to the 700 blk of S Mullen St at the request of the Lamar Police Dept. for a reported disturbance. The RP stated she could hear a female screaming in the apt. above her. Upon arrival it was determined a small child had been running through the house screaming and playing. No action taken.

**See the full report daily online at: [theprowersjournal.com](http://theprowersjournal.com)**

## Prowers County Sheriff's Report, December 2011

The Prowers County Sheriff's office responded to 298 calls for service in December with 143 posted from Lamar, 108 from the county and 32 from Holly. Of the Lamar calls, 30 were jail related and 22 were for warrant arrests, two were for drugs and 49 were for serving papers. The county calls included 38 for traffic offenses and accidents, two for disturbances and one was jail related. Holly calls included two for disturbances, three for alarm calls and one each for domestic violence and drugs. The sheriff's department issued 20 traffic citations and summonses for December, issued 47 warning tickets and three criminal summonses. One new case was assigned for investigations, eight cases were cleared, eleven investigations resulted in charges being filed and eight investigations are still active.

There was a slight increase in male bookings at the County Jail in December with 75 for 2011 compared to 2010 for 66. Female bookings were also up at 22 for last December and 16 for last year. Year to date bookings for men totaled 1,138 and 274 for women. The jail averaged 40 inmates per day in December and had an annual average of 45 for 2011. There were six inmates reported to ICE in December. The daily average of persons entering the county courthouse was 248 for a total of 5,218 for the month. The courthouse security made five arrests on individuals who had warrants for their arrests.

Prowers County Deputies charged two people, Gregory W. Tuthill, 20, of Houston, Texas and Justin Holloway, 18, of Lamar, for possession of marijuana as a result of arrests for other charges, and Mark Sisk, 27, of Vail for possession of cocaine.

Medical expenses for inmates in December amounted to \$3,056.58 and meals were \$9,728.37. Jail expenses for December were \$263,007.42 and the total for 2011 was \$2,003,092.18. Revenue at the jail for December was \$46,755.45 and the annual total was \$354,470.74.